Privacy Policy

Effective Date: May 17, 2026

Welcome to The Soola Method™ website ("Website"), operated by Doctor Anne White ("Company," "we," "our," or "us").

We respect your privacy and are committed to protecting the personal information you provide through this Website.

By using this Website, purchasing our programs, or submitting your information, you agree to the practices described in this Privacy Policy.

Information We Collect

We may collect personal information including:

- Name
- Email address
- Billing information
- Payment details (processed securely through third-party payment processors)
- Phone number (if provided)
- Information submitted through forms, surveys, or applications
- Website usage data through cookies and analytics tools

How We Use Your Information

We may use your information to:

- Provide access to courses, programs, and services
- Process payments
- Send login information and customer support communications
- Deliver newsletters, updates, promotional emails, and marketing content
- Improve our website, programs, and user experience
- Analyze website traffic and user behavior
- Comply with legal obligations

You may unsubscribe from marketing emails at any time using the unsubscribe link included in emails.

Payment Processing

Payments are securely processed through third-party providers such as Stripe, PayPal, or other payment processors. We do not store full credit card information on our servers.

Cookies & Analytics

This Website may use cookies, pixels, and analytics tools (such as Google Analytics or Meta/Facebook Pixel) to improve user experience and help us understand how visitors interact with the site.

These tools may collect information such as:

- IP address
- Browser type
- Device information
- Pages visited
- Time spent on pages

You can disable cookies through your browser settings if desired.

Email Communications

If you opt in to receive emails, register for a webinar, download resources, or purchase a program, we may send educational content, updates, promotions, and other communications related to The Soola Method™.

You can unsubscribe at any time.

Sharing Information

We do not sell your personal information.

We may share information with trusted third-party service providers who assist us in operating the Website or delivering services, including:

- payment processors
- email marketing platforms
- course hosting platforms
- analytics providers

These providers only receive the information necessary to perform their services.

Data Security

We take reasonable measures to protect your personal information; however, no method of electronic transmission or storage is completely secure. By using this Website, you acknowledge that we cannot guarantee absolute security.

Third-Party Links

This Website may contain links to third-party websites. We are not responsible for the privacy practices or content of those websites.

Children's Privacy

This Website and our programs are intended for individuals over the age of 18. We do not knowingly collect information from children under 18.

Your Rights

Depending on your location, you may have rights regarding your personal information, including:

- requesting access to your data
- requesting corrections
- requesting deletion of your information

To make a request, contact us at: dranne@doctorannewhite.com

Disclaimer

The Soola Method™ is intended for educational and informational purposes only and is not medical, psychological, or psychiatric treatment. Participation in our programs does not establish a doctor-patient or therapist-client relationship.

Changes to This Policy

We may update this Privacy Policy from time to time. Any changes will be posted on this page with an updated effective date.

Contact

If you have questions about this Privacy Policy, please contact:

Doctor Anne White

dranne@doctorannewhite.com